

GOURMAND AWARDS 2013 - LIBERIA

The next Gourmand World Cookbook Awards ceremonies for the “Best in the World” will take place in China during the Beijing Cookbook Fair, 19-21 May, 2014, with the support of the City of Beijing and its southern Daxing District.

4 – LIFESTYLE, BODY AND SOUL

Sustainable food

Important Plants of Northern Nimba County – Liberia - John Howell, Dr. William Hawthorne,
Cicely Marshall - Tanya Romaneko

Health & nutrition

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